

## Health & Well Being Clinics and Community Services Schedule April 2024

MON	FLU and Whooping Cough vaccines 10am – 2pm No appt necessary	School Aged Vaccines Between 3.30pm – 4.30pm To arrange an appointment call 01494 323000 or email <a href="mailto:buc-tr.BucksChildImms@nhs.net">buc-tr.BucksChildImms@nhs.net</a> Vaccines: Flu, MMR, HPV, Meningitis, ACWY, Tetanus, Diphtheria + Polio		
TUES	Health Visitor Drop-in: 9.30 -11.30 for children 0 - 5 years. Professional advice is available and a self baby/child weigh-in. We have a Volunteer here if you need support or advice around all things Breastfeeding.		Bucks Family Information Service drop-in. 2 <sup>nd</sup> Tuesday of the month 9.30-11.30 no appt necessary	Health Visitor Group  "Getting to know your baby group" Appointments only 13.00-14.00 Please ask your Health Visitor for more details
WEDS	Brook Sexual Health for Young People (13+)  15.30 - 17.00 - no appt needed.  Weekly drop-in advice for all things sexual health Register for a c-card (16+ years)  FREE condoms & STI testing kits (18+ years).  Be Healthy Bucks 1:1 Health Coaching Sessions (appt only) 13.00 - 16.00 (Book via Home - Be Healthy Bucks (maximusuk.co.uk) or Tel: 03332 300177			
THUR	Health Visitors Ages & Stages Questionnaire (ASQs) Sessions 09.30 – 12.30 (Appt only)	Veteran's Drop-in 2nd Thursday of the month 10.00 -13.00 Talk with other Veterans, share information and get advice		Health Visitors Group  "Getting to know your baby group"  13.30 -15.00 ( Appt Only)  Please ask your Health Visitor  for more details.
FRI	09.30 – 16.00 Appt only via website:  bht.buckspaediatricbcgservice@nhs.net or Book via: 01494 323000  Held of Fridays (Appt of		natal Sessions on the 2 <sup>nd</sup> and 4th /s of every Month. 1pm – 3pm. only) Please ask your Health r for more details	Be Healthy Bucks 1:1 Coaching Sessions (appt only) call: 03332 300177 Quote "Unit 33" or book on line: Home – Be Healthy Bucks (maximusuk.co.uk)