

Patient advice sheet

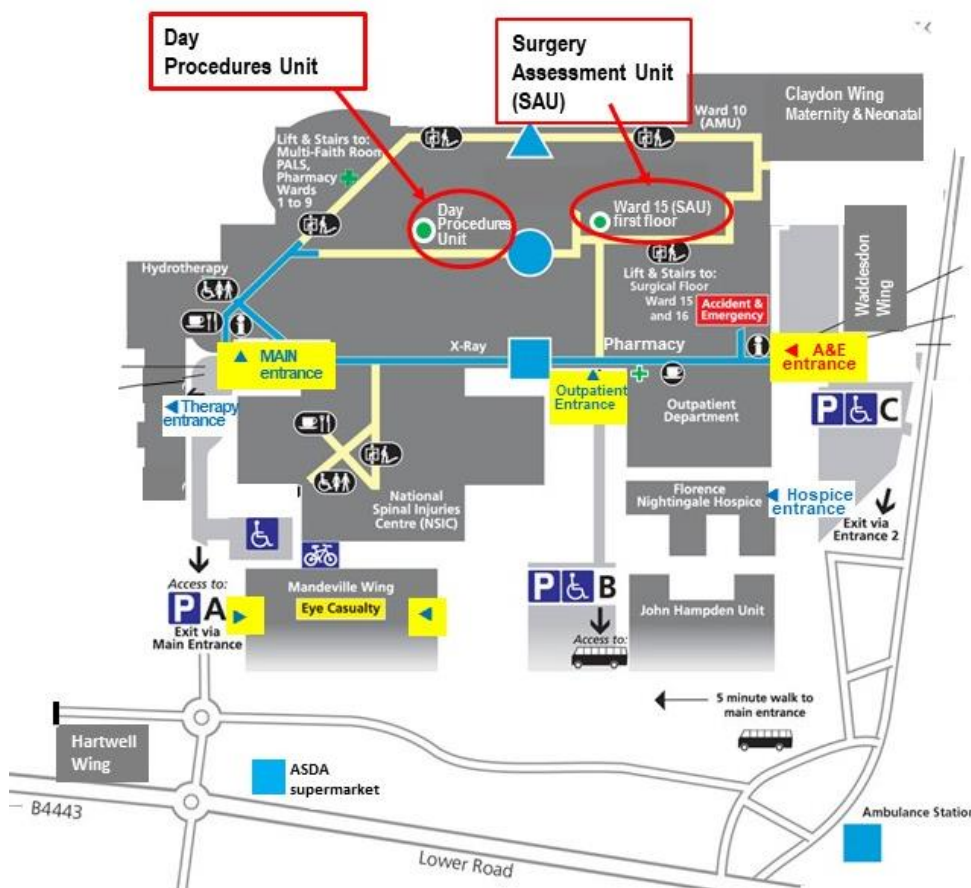
Plastic Surgery Trauma Service (Adults)

Welcome to the Plastic Surgery Trauma Service

The Plastic Surgery Trauma Service is based at Stoke Mandeville Hospital, Aylesbury. We are a regional specialist service for a number of acute presentations including hand injuries and infections, and burns (see separate information leaflet).

Where are we located?

Stoke Mandeville Hospital Map



Attending a Trauma Clinic

Adult trauma clinics run daily in our Surgical Assessment Unit (SAU). Here you will meet a member of the on-call Plastic Surgery Team, who will make an initial assessment, and discuss your treatment pathway.

Please be aware that the on-call team run this clinic alongside other on-call duties. We do our best to not keep you waiting, however unfortunately unforeseen emergencies may delay your appointment. Often it is not possible to provide surgery (if required) on the same day. You will

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be contacted by a member of the Plastics team to confirm a date and time. Occasionally patients who attend this clinic require direct admission to hospital for treatment.

The nature of the injury/condition, or any treatment given (e.g. dressings/ casts) may impact upon your ability to drive. For this reason it is not advisable to drive yourself to this appointment.

On the Day of Surgery

If you're having a General Anaesthetic (GA)

Morning surgery (from 7.30am): Do not eat anything after 2am (this includes chewing gum and sweets). You may drink water up until 6am. Do not eat/ drink anything after 6am except your normal medication (with a sip of water).

Afternoon surgery (from 12 noon): You may have a light early breakfast, but do not eat anything after 7.30am (this includes chewing gum and sweets). You may drink water up until 11am.

If you're having a Local Anaesthetic (LA):

You may eat and drink as normal.

Please note that due to unforeseen circumstances, your case may be cancelled and rescheduled at short notice.

General Wound Care/ Dressings Advice

Plaster Casts:

- Please refer to information on plaster casts (separate leaflet)

Wound care/ dressings:

- Please keep dressings clean and dry.
- Seek urgent medical attention if you develop signs/symptoms of infection: redness, pain, swelling, pus, fevers, feeling unwell. The doctor attending to you should specify the frequency and location of future dressing changes, and the date that any stitches are due for removal.

Useful Contact Numbers

Plastic Surgery Trauma Co-ordinator

07557 316174 - available Monday to Sunday 9am-5pm

Surgical and Plastics Emergency Ambulatory Care (SPEAC) Admin Desk

01296 418215 - available Monday to Sunday 9am-5pm

We aim to make the information as up to date and accurate as possible, but please note that it is subject to change. Please therefore always check specific advice on any concerns you may have with your doctor.

How can I help reduce healthcare associated infections?

Infection prevention & control is important to the well-being of our patients and for that reason we have infection prevention & control procedures in place. Keeping your hands clean is an effective way of preventing the spread of infections. Please follow our infection prevention and control guidelines when visiting our healthcare sites. Further information is available on our website.

Patient Advice Sheet

If you would like a copy of this information on audiotape, in large print or translated, please call the Patient Advice Liaison Service on 01296 831120 or email bht.pals@nhs.net