

Meeting: Trust Board Meeting in Public

28 September 2022

Agenda item	Chief Executive's Report
Board lead	Neil Macdonald, CEO
Type name of author	Chloe Powell, CEO Business Manager
Attachments	Chief Executive's Report Appendix 1 – CARE Value awards Appendix 2 – Executive Management Committee and Transformation Board Appendix 3 – Cost of Living Support for Colleagues summary Appendix 4 – Cost of Living Support for Colleagues brochure Appendix 5 – Place & System Briefing
Purpose	Information
Previously considered	None

Executive Summary

This report aims to provide an update on key developments over the last couple of months in areas that will be of particular interest to the Board, covering both Trust activity as well as that done in partnership with local organisations in Buckinghamshire (Place), and as part of the Buckinghamshire, Oxfordshire & Berkshire West Integrated Care System (BOB ICS; System).

Appended to this report is a list of the recent fantastic winners of our Trust CARE Value awards (Appendix 1), a summary of Executive Management Committee and Transformation Board meetings over the last two months to provide oversight of the significant discussions of the senior leadership team (Appendix 2), and a Place & System Briefing (Appendix 5). This month we have also included a summary of our Cost of Living Support for Colleagues programme (Appendix 3) and a copy of our programme brochure (Appendix 4).

Decision The Board / Committee is requested to note this report.

Relevant Strategic Priority

Outstanding Care <input type="checkbox"/>	Healthy Communities <input checked="" type="checkbox"/>	Great Place to Work <input checked="" type="checkbox"/>	Net Zero <input checked="" type="checkbox"/>
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Implications / Impact

Patient Safety	Highlights activities in place to support high quality patient care.
Risk: link to Board Assurance Framework (BAF)/Risk Register	Links to all strategic objectives of the BAF and highlights any risks of note to the Board.
Financial	Provides an overview of the Trust financial position.
Compliance	Updates on any changing or new legislation or regulation of relevance to the Board.
Partnership: consultation / communication	Highlights partnership activities at Place and System
Equality	Highlights activities regarding equalities where relevant, including equality standards and health inequalities
Quality Impact Assessment [QIA] completion required?	Not required for this report.

Chief Executive's Report

National context

On Thursday 8 September, the country entered a national period of mourning following the passing of her late majesty, Queen Elizabeth II. With this, in line with government guidance, we paused our external communication and events, and many of our planned internal activities, unless operationally essential or for the purposes of patient or staff safety. Colleagues joined together in a memorial service held on Tuesday 20 September, and our union flag was flown at half-mast during the ten-day period of national mourning.

We are acutely aware of the current economic climate regarding the cost of living challenges experienced by both colleagues and patients, impacting their personal and professional lives, from energy and food costs to petrol prices. We are coordinating our response with Buckinghamshire Council and I will highlight in this report some of the initiatives we are putting in place to support colleagues where we can.

In August, Advanced, who provide several types of software used in the healthcare industry, experienced a cyber-attack. Oxford Health NHS Foundation Trust, who provide mental health services in Buckinghamshire, experienced significant disruption to some of their digital systems. For us, the attack led to the switching off of our financial reporting and procurement software to protect our internal systems from risk, as well as one system used in both our Urgent Treatment Centres. I would like to extend my thanks to colleagues for implementing business continuity plans and working through these challenges, as well as our suppliers for their patience during this period.

In line with guidance issued by NHS England, we are adapting to living and working with COVID-19 and have paused routine asymptomatic testing by colleagues, unless working with particularly vulnerable patients. We continue to operate our services with additional COVID-19 infection prevention and control measures in place and pay close attention to local and national infection rates.

Outstanding care

Key performance data are reported through the Integrated Performance Report (IPR) and supporting narrative provided. I acknowledge that our performance in the Emergency Department remains around 70% against a target of 95%. We also continue to focus on our delivery of cancer care; the volume of patients waiting is illustrated by our performance against the 62-day target. Further detail and supporting narrative are provided in the IPR.

At our Board Seminar in July, we were pleased to welcome Professor Jacqueline Dunkley-Bent, Chief Midwifery Officer for NHS England and National Maternity Safety Champion for the Department of Health. Professor Dunkley-Bent took us through key maternity safety messages and the ways in which we as a Board can seek to gain assurance of the quality and culture of our maternity services.

As of month 5 we remain on trajectory to hit our financial plan but I would like to bring to the attention of the Trust Board the risks to our financial forecast due to the current energy market. These are two-fold: the cost, which could be significantly greater than budgeted; and the fact that at the time of writing we have been unable to secure a deal. The typical annual cycle for Stoke Mandeville Hospital (through our PFI contract) is to procure energy twice a year for the six months ahead; this year the energy market is so uncertain that we have yet been able to do this. All other sites are on a fixed term deal until March 2024.

For 2022/23 we budgeted £7.5M, a growth of £2.3M from last year (44%). Current market prices suggest an outturn at £9.2M, although this is changing regularly, and markets are as yet too volatile to land on a price. We await more details on the proposed business cap from the government and will keep the Board updated as and when we know more firm details.

We have received our External Audit from Grant Thornton for the financial year 2021-22. The report gives the Trust an unqualified audit opinion, and makes seven recommendations regarding our efficiency plans, continuing to refine our Board Assurance Framework and Corporate Risk Register, oversight of procurement activity at Board level, monitoring of operational performance, and responsiveness to recommendations from internal audit reports.

Healthy communities

We continue to experience challenges in finding suitable onward care for patients who are medically optimised for discharge; the numbers on our acute inpatient wards are the highest they have ever been at almost a fifth of our adult acute beds. Key challenges are capacity both to complete assessments in a timely fashion and domiciliary care capacity. We are working closely in partnership with Buckinghamshire Council to try to find different ways of creating the capacity needed and we expect to re-establish the Olympic Lodge facility in October. This is a key focus of the integration programme as referred to in the place briefing appended to this report.

In the meantime, some of the demand for community care is being absorbed by our Rapid Response & Intermediate Care (RRIC) team and this is contributing to the reduction in their caseload reported through the IPR.

In other community services, we continue to increase our urgent community response offering and for the first time, include a trajectory for our virtual wards – one of the ways we will be increasing capacity and supporting discharge of patients from acute inpatient settings.

I am delighted to share that Rachel Platt, a young, local garden designer, has very generously chosen to donate her '[Covid recovery garden](#)' from RHS Flower Show at Tatton Park, to our organisation. The garden received several awards at the show, including People's Choice and a Silver Gilt medal. It has been rebuilt over the summer at Brookside Clinic, one of our community sites in Aylesbury where we deliver podiatry, sexual health services and our community head injury service. The beautiful space will provide an area for rest and quiet contemplation for colleagues and patients alike, and our clinical teams are planning innovative ways in which it will benefit patients and service users. Unfortunately, the official opening of this garden was one of the activities we postponed due to the national period of mourning, but I look forward to joining Rachel, colleagues and service users soon.

We were pleased to welcome Sarah Green, MP, to visit our therapy pool at Amersham Hospital and see how aquatic therapy benefits our patients. Further details including photos from the visit are available on our [website](#).

Great place to work

We have already started to see the cost of living challenges impacting our staff retention rates and it is a common theme when I speak with colleagues. Appended to this report (Appendix 4) is a brochure being posted to colleagues' homes, outlining the various programmes available to all colleagues and which we hope many will take advantage of.

I am also pleased to highlight the Buckinghamshire Healthcare Food Collaborative, a newly established venture in partnership with Wycombe Food Hub, Sodexo, and Medirest launching imminently at the time of writing this report. Through this we aim to offer colleagues

easy access to groceries at a reduced price and delivered to their place of work. Initially this will be non-perishable goods although our ambition is to expand this to include that requiring fridge or freezer storage. The success of this venture will be by nature bittersweet, but I hope it helps to relieve some of the stress that I know colleagues currently face.

In September our programme for COVID-19 booster vaccinations began, soon to be followed by that of influenza. Once again both jabs are being offered to all colleagues and we encourage everyone to take this up for their own health benefit, and to help protect colleagues, patients and visitors.

Appendices

Appendix 1 – CARE Value awards

Appendix 2 – Executive Management Committee and Transformation Board

Appendix 3 – Cost of Living Support for Colleagues summary

Appendix 4 – Cost of Living Support for Colleagues brochure

Appendix 5 – Place & System Briefing

Appendix 1 – Trust CARE values awards

I am delighted to share this summary of the winners of our Trust CARE value awards. Every month from all nominations received from colleagues and members of the public, the Executive Management Committee award four winners, one for each of four categories, which are: Collaborate, Aspire, Respect, and Enable.

June 2022

Category	Name	Role	Nomination	Nominated by
Collaborate	Neil King	Porter	Neil has been covering the Pharmacy Department rounds after 4pm for quite some time now. He is extremely polite to everyone and is always available to help the team push the work through efficiently, helping everyone to the best of his ability by assisting in Dispensary and Stores when necessary. Neil is very collaborative and respectful and pays attention to detail, taking the medication to the right locations and pointing out when a department is closed at a certain time, by either informing the team or bringing medication / stock bags back to the department safely. The Pharmacy Department would like to say THANK YOU to Neil!	Staff
Aspire	Beth Evans	Nursery Nurse	Our 10-day old son George was admitted to Stoke yesterday. Having now been transferred to Southampton for surgery I wanted to drop you a quick message to highlight your amazing staff and one of the Nursery Nurses who spotted an oddity in George which probably saved his life. George ended up coming back into Stoke on day 5 with Jaundice and had to have light therapy, then discharged on day 6 on the condition we brought him back for daily blood tests. We did this for a few days, and were incredibly well looked after by Claire Webb, Lisa Squire and Beth Evans (all nursery nurses). He was doing well, and his jaundice levels were stable and coming down slowly. On day 10 which we were expecting to be the last check, Beth Evans did his blood test and while checking the colour on his tummy noticed he was breathing a little strangely. It was intermittent and she was incredibly eagle eyed to have even noticed it. She immediately escalated it to the doctors who started a series of tests. Beth took us through the next few hours of tests and uncertainty with the most amazing care, compassion and honesty. It was little things like noticing that Hollie (George's Mum) was beginning to look pale and needed food, through sitting with me outside X-ray and just chatting, up to the final point of standing with us while he had an Echo in the Neo-Natal Unit and helping us to understand what Dr Day was describing. The postnatal ward was busy, and she did not need to do any of this once she had handed over to the doctors, but the fact she did speaks volumes to who she is as a person. More importantly than all of that, both Dr Day, and now the specialists here in Southampton have said that Beth seeing and escalating her concerns has unequivocally increased his chances of a positive outcome, but potentially saved his life if that had gone unnoticed and only surfaced randomly once night when the damage could already have been done.	Relative
Respect	Anna Kerr	Ward 3 Sister	I came into the ward having not eaten for 17 days. I first met Anna on my 3rd day in hospital and she was always there for me until I was discharged 4 weeks later. I am 17 years old with a serious mental	Patient

			health illness, but I am intelligent and want to get better. Anna always took time to talk to me, to involve me in decisions, to explain everything but did not patronize me. Even though I had to be fed through a tube under the mental capacity act, she did this in a way that still respected me and did not cause me to get too angry or upset. Later in the week she sat with me for an hour to get me to eat a yoghurt. We did jigsaws Anna brought in for me, she set goals for me and held me to them. She did all of this for me whilst running a busy ward and team. Although she spent time with me, Anna was never my named nurse, but she always supported, encouraged and expected my named nurse to treat me in the same way. Anna respected and valued me as a person but also enabled me to take responsibility and enabled her staff to do so as well.	
Enable	Hannah Goddard	Deputy Sister ICU	Hannah was caring for a patient who has suffered traumatic brain injury after falling down the stairs at home. As a result of the injury, the patient had communication difficulties. It was difficult to make out and understand what she was trying to say at any given time. On the day that Hannah was caring for her, Hannah realised that the patient was persistently trying to communicate with her about something specific. After persevering for some time, Hannah worked out that the patient wanted to type out a message for Hannah on her phone but also show. The patient was able to remember the code to unlock her mobile phone. She consented to Hannah unlocking the phone and proceeded to show Hannah messages that turned out to be of an abusive nature. Hannah informed me of her findings and we subsequently contacted the Adult Safeguarding Team for advice. We were advised to complete a Safeguarding Vulnerable Adults form, take copies of the messages from the patient's phone (with her consent) and the Safeguarding Team contacted the police. The police initiated an investigation and the patient's partner was arrested. The patient's child has since been placed under Child Protection. When I discussed this case with Hannah, she shared the internal conflict that she experienced when she came across the messages on the patient's phone and yet was compelled to do what she knew was right to protect her patient. I spoke to her after the patient's partner was arrested and she maintained that if she were to find herself in a similar situation, she would respond in exactly the same manner. To advocate for a vulnerable patient in the manner that Hannah did demonstrates holistic nursing at its best.	Staff

July 2022

Category	Name	Role	Nomination	Nominated by
Collaborate	SDEC Team	Various	The SDEC team incorporate multiple service providing same day emergency care including Ambulatory Care, Medical Day Unit, Covid infusions and the Medical Take Unit. Each of these services is essential to reducing the demand on the Emergency Department. Due to operational pressure, the SDEC space has been used as an escalation area. However, the team in SDEC continually work together to ensure that each of the services remains operational and that they support their patients and each other. They	Staff

			ensure that patients receive the best care possible despite working in challenging conditions. The teams remain in high spirits and strive to move patients through their journey. The teams are committed to their services and know the value of same day care. This is part of what drives them to ensure that services resume. Each of these teams has had to work in challenging circumstances and they have come together to ensure that same day care continues to function. This truly is One Team One Goal! Well done team!	
Aspire	James Farrell	Charge Nurse, ED	James has taken on responsibility for ensuring that the Trust meets its requirement for ensuring our ED department are prepared and equipped to deal with a HazMat/CBRN incident at any given time. As part of this, James has ensured that HazMat clinical training sessions have continued to be run over the last 12-18months (even adapting methods of training and cleaning of training suits to meet Covid requirements), pushed to ensure that as many ED clinicians have attended this training and has worked with the Emergency Planning team to ensure that our equipment and provisions are at the required standards as set. James' expertise in HazMat/CBRN and his experience from his previous role in the Ambulance Service has enabled the Trust to recently meet 'Green' status across all standards reviewed as part of the Ambulance Service Annual HazMat/CBRN audit. I personally want to thank James for all of his support and expertise given and the additional time he has spent in supporting the Emergency Planning team.	Staff
Respect	Danielle Darsley Ward	Nurse, Mortuary, SMH	On Friday 15th July, my colleagues and I came to the pub for a leaving party. One of our colleagues is a wheelchair user and she had injured her foot. There was a lot of blood, it was a very distressing situation for her to be in. Danielle had happened to be outside and supported my colleague inside to a place where she was alone and comfortable. Danielle has such a wonderful and kind personality. She put my colleague first and was able to support her whilst she was off shift. Danielle was professional throughout, asking for my colleague's consent with any intervention she used. She was also able to make her smile and laugh while she was supporting her. My colleague was really upset once she saw the injury caused to her foot and became very tearful. Danielle was reassuring and empathetic. We were so lucky have been able to bump into Danielle at this moment as none of our group are medically trained. She would most likely have had to go straight to get some medical attention for her foot. With Danielle's support, she was able to carry on with her night with her friends and have it seen to the following day. Thank you, Danielle, for all your support on the night, for making us all laugh and going above and beyond when you were not on shift!	Friend of patient
Enable	Safeguarding Team	Various	I am a new member to the team and starting in March. The team have shown care and compassion towards me from my first day and continue to do so. On my first day I had a card, my own cup, a notebook and a place to sit. This made me feel valued and a member of team from day one. They have spent valuable time in teaching me and supporting me in my role in safeguarding. As a new member of the team I have needed to ask lots of questions and support as no amount of training can prepare you for this role. Each time I have asked a member of the team for advice they have been kind and	Staff

			<p>supportive and never made me feel like I should have known or that I was an inconvenience even though they are exceptionally busy themselves. On a Friday we have well-being Friday which is so important in the climate. I came into work last week after a stressful time at home and found a cup of kindness on my desk which was full of lovely goodies. This was a new idea to me, and the team use it to fill and buy some goodies for, as an act of kindness. This is just a few examples of what a well-run, kind, caring and compassionate team the safeguarding team are. The team deals daily with hard hitting child/adult protection cases and offer support to our BHT colleagues but also support to the team which makes a lovely environment to work.</p>	
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Executive Management Committee and Transformation Board

Executive Management Committee 26 July to 13 September 2022

The Executive Management Committee meets three times a month and covers a range of subjects including progress against our strategic aims, performance monitoring, oversight of risk and significant financial decisions. The meeting is chaired by the Chief Executive Officer and attended by Executive Directors. The following provides an overview of some of the key areas considered by the committee over the last two months.

Quality and Performance

Complaints
Care Quality Committee (CQC) insight report
CQC improvement plan
Sustainable models of maternity care
Inpatient survey report
Serious incident report
Infection prevention and control monthly report
COVID-19 testing
Clinical accreditation programme
Maternity safety report

Money

Contracts update
Monthly finance report
Capital programme

People

CARE awards
Mileage rates

Nurse bank rates
Vaccination programme
Non-medical appraisals
Pensions briefing
Freedom to Speak Up Guardian quarterly report
Equality, Diversity & inclusion annual report
National staff survey
People strategy update

Governance

Caldicott & information governance committee report
Internal audit monthly update
External audit report 2021-22
Board Assurance Framework
Corporate Risk Register
Health and safety compliance with legislation
Lapsed policies and policies due to lapse report
Several policies were approved
Minutes from EMC sub-committees

Transformation Board

Transformation Board is an Executive-level meeting with clinical and operational leads from across the Trust and is dedicated to strategic projects and oversight of delivery of the operating plan. It meets on a monthly basis covering transformation portfolio updates, strategic business cases, and quality improvement. Below is an overview of some of the areas considered in the last two months:

Quality Improvement projects on a page
Integrated Performance Report
Monthly finance report
Efficiency plan
Corporate risk register risks relating to operating plan delivery
Deep dives:

- Waiting times
- Cancer
- Urgent & emergency care – winter plan
- Diagnostics
- Temporary staffing

Portfolio updates:

- Urgent and emergency care
- Integrated communities
- Temporary staffing
- Digital
- Information technology

Cost of Living Support for Colleagues September 2022

Background: The cost of living crisis is impacting across the nation. We are aware that some staff groups and areas of Bucks may be disproportionality impacted by financial difficulties and therefore also food poverty.

Actions: A dedicated stream of work regarding cost of living support and initiatives established to co-ordinate local and national information (working in partnership with key providers) as well as BHT support.

- We held a series of listening events, to understand the issues impacting our colleagues
- To ensure all colleagues know how to easily access the appropriate support we have produced a food and financial support brochure for all colleagues (attached) which is available electronically and will also be mailed out to all colleagues
- Communications team have a cost of living landing page, with initiatives and all associated sources of support, with a dedicated button on CAKE front page for access
- We have presented at leadership brief to cascade knowledge of support available
- Launched a pilot initiative, 'hot meal for £1' at Stoke Mandeville Hospital on 14 September (with Sodexo)

Next steps: We will continue to evaluate impact of initiatives and listen to colleagues regarding other support requirements as we enter winter and work in partnership with local stakeholders.

Two new cost of living initiatives are about to launch in BHT through partnership working:

Buckinghamshire Healthcare Food Collaborative

Vision: To build a food collaborative that serves BHT and Place-based support

Concept: BHT to link with Wycombe Food Hub (WFH) as an existing operation and support them to develop their offering through partnership working, support and if required, funding (through charitable funds bid)

Progress: The food collaborative programme has had a small multi-disciplinary team working together over the last few weeks to develop the concept into a workable initiative for launch. WFH have their new website ready to link with our BHT communications plan and landing page. Terms of Reference drafted.

Plan: A phased launch of the initiative with measurable success triggers and user feedback analysis before each next stage of development;

- One-month pilot of ambient food at Wycombe Hospital with WFH click and collect service delivery
- Ensure delivery of programme and associated resources and spend are proportionate to the demand and needs of colleagues
- Assurance that each stage of delivery is safe and fit for purpose
- Enable our programme to work in harmony with other local and well-established provision and not de-stabilise our local community support
- Consider charitable funds bid in line with further roll out, demonstration of need and uptake

Car Sharing App

Vision: A bespoke lift sharing app for BHT colleagues. To connect colleagues sharing the same route to work, whether it be walking, driving or cycling in real time.

Concept: To benefit BHT colleagues through fuel saving in terms of shared car lifts rather than making separate journeys. This will lead to easier access to a car parking space as less cars will be on site, and foster connections with colleagues that they might not have otherwise met.

Progress: We have worked with 'Kinto Join' to provide an app that will have the requirements we need, plus the ability to measure carbon footprint reduction impact on the environment.

Plan: Launch at the beginning of October 22

Cost of living

A guide to support initiatives and advice available via BHT, local and national services.

We know that the current economic climate is causing concern for many of us and may be impacting our day to day lives. Money problems can be a real worry, but we don't need to go through it alone.

As well as support available via BHT and our partnership providers, there are many organisations in Buckinghamshire and nationally who can help, not only with making ends meet today, but also in the longer term.

OUTSTANDING CARE

HEALTHY COMMUNITIES

AND A GREAT PLACE TO WORK



IN CRISIS and in need of emergency food and/or money

Citizens Advice Bureau (CAB) Bucks

Any Bucks residents in a food crisis can call Citizens Advice Bucks on **01494 785 660** or visit www.citizensadvicebucks.org.uk/emergency-food.

If you live outside of Buckinghamshire, the national Citizens Advice Bureau helpline can also provide this service their number is **0808 208 2138** (Monday – Friday 9am-5pm)

The Citizens Advice Bureau's website also makes use of Google Translate.

Trussell Trust – national foodbank network

The Trussell Trust requires a referral, via CAB, Bucks Helping Hands or other local community organisations (for instance schools, educational institutions, housing association, advice agencies and some churches).

Find your nearest foodbank: www.trusselltrust.org/get-help/find-a-foodbank

Bucks Helping Hands

Bucks Helping Hands can issue money and food in an emergency.

Phone lines are open Monday – Thursday 9am-5:30pm and Friday 9am-5pm

- **01296 531 151**
- www.buckinghamshire.gov.uk/housing-and-benefits/support-with-food-bills-and-finances.

The emergency out of hours team can be contacted on **0800 999 7677**.

STRUGGLING and concerned about how to make ends meet

Wagestream (for BHT Colleagues)

We recognise that there may be times, in an emergency for example, when you need a partial advance on your wages. Wagestream provides this service, as well as the ability help to save for the future. To download the app and get started scan the QR code or visit www.wagestream.com/en.



Vivup (for BHT Colleagues)

Vivup is our Employee Assistance Service. Available 24/7 365 days a year by telephone for access to mental health and wellbeing support. Register online or call **03303 800658**. They also offer financial support information and free access to discounts.

www.vivupbenefits.co.uk

The Financial Insecurity Partnership (for Bucks residents)

The Financial Insecurity Partnership, was set up by Buckinghamshire Council, the voluntary and community sector, and other key partners. They have created a guide to where to seek help and advice if you are struggling to make ends meet.

buckinghamshire.gov.uk.s3.amazonaws.com/documents/GD000591_Financial_Advice_leaflet.pdf

Bucks Helping Hands (for Bucks residents)

If you are struggling to afford food, cannot keep on top of your bills, you are in debt, or are unable to pay for essential goods in your home, please contact the Helping Hand team at Buckinghamshire Council or by phone **01296 531 151**.

www.buckinghamshire.gov.uk/cost-of-living

NHS England (for all NHS colleagues)

NHS England has partnered with the MoneyHelper Service, an organisation which works to improve people's financial wellbeing across the UK. It provides free and impartial support. You can contact the MoneyHelper Service via webchat, WhatsApp or by telephone on **0800 448 0826**.

www.england.nhs.uk/supporting-our-nhs-people/how-to-guides/financial-wellbeing/financial-wellbeing-support

Independent Food Aid Network (for all)

The Independent Food Aid Network has created a guide for available support and advice if you are struggling to make ends meet. Paper copies will be available to collect from the Occupational Health and Wellbeing Hub, Stoke Mandeville Hospital, or from the Education centre reception at Wycombe and Amersham Hospitals.

Digital versions:

- Bucks residents - bit.ly/WycombeandSouthBucks
- For England - www.foodaidnetwork.org.uk/cash-first-leaflets

Free School Meals

Criteria has changed and you may find that you are now eligible to claim free school meals. Check your eligibility online.

www.gov.uk/apply-free-school-meals

Healthy Start Vouchers

If you are more than 10 weeks pregnant, or have a child under 4, the Healthy Start scheme can help you to buy healthy foods like milk or fruit and free vitamins. You need to be claiming certain benefits to qualify. For details on how to apply, please visit the Healthy Start website.

www.healthystart.nhs.uk

Wycombe Food Hub

No referral required. Access to low cost food. Home delivery, click and collect or pop into the hub. Open Monday to Saturday, visit the website for more information and times. We are launching a pilot scheme, in collaboration with Wycombe Food Hub, for delivery of ambient food orders onto the Wycombe Hospital site so easier for you to collect at the end of your shift.

wycombefoodhub.org/get-help

Examples of other sources of food support (many do not require a referral)

All Together Community Fridge – Chalfont St Giles www.alltogethercommunity.com	Helping to reduce the amount of food sent to landfill, and re-distributing it within the community.
Aylesbury Vineyard Storehouse Food Bank aylesburyvineyard.church/storehouse	Storehouse food bank is currently open to clients on Tuesdays and Saturdays – 10am-12pm for the collection of pre-assembled food bags and boxes
Big Community Takeaway – various sites bigcommunitytakeaway.org.uk	For those who need a hot, freshly cooked, two-course meal (criteria applies)
Chesham Community Fridge www.kingschurchchesham.co.uk/community-fridge-chesham	Anyone, regardless of income, is welcome to come and take away food that would otherwise go to waste. No referral or voucher needed, and the food is free. Open Wednesday and Saturday mornings in the yard behind Broadway Baptist Church, Chesham.
FoodCycle Aylesbury foodcycle.org.uk/location/foodcycle-aylesbury	Anyone can attend as a guest and enjoy a hot meal for free. Family friendly and accessible. Tuesday at 6pm.
Lindengate - Wendover https://www.lindengate.org.uk/programmes/	Register for Lindengate’s Kitchen Garden Programme, which encourages inter-generational relationships to share skills, taking part in activities such as growing vegetables in limited spaces, foraging and cooking.
One Can Trust – referral needed onecantrust.org.uk/about/what-we-do	Working with local organisations, including Bucks Council, housing associations and the Department for Work and Pensions, to provide weekly food parcels to those who need help. To receive a parcel, clients need a referral. However, an emergency parcel may be issued by exception.
Restore Hope restorehopelatimer.org/foodlife	Provides 3 different types of food boxes and also a community and market garden alongside running FoodLife courses and they have a Hope Café Community too.
Community Larder - SOFEA https://www.sofea.uk.com/purpose-projects/community-larder/	There are a number of community larders in the wider area. They are open to everyone and they are not a foodbank.
Wing Village Foodbank www.facebook.com/winghelpers	Swap, drop and collect food. Open daily 10am-4pm.
Wycombe Community Friendly Fridge bit.ly/WycombeCommunityFriendlyFridge	Women’s Cultural Arena has set up the Community Friendly Fridge. This is a self-referral system.

Cost Saving Tips:

1. When you shop or spend, be sure to ask if the retailer provides NHS discount by carrying your NHS ID with you.
2. If you wash or repair your uniform yourself, check if you are eligible for uniform tax relief. www.moneysavingexpert.com/reclaim/uniform-tax-refund
3. Check the cheapest fuel prices in your area. www.petrolprices.com

Available to all colleagues

Discounts

As an NHS colleague you are eligible to take advantage of numerous discounts.

These are just some of the discounts available (more are being added all the time, for up to date information please visit our dedicated Cost of Living section on CAKE, which can be found under the Benefits of Working With Us section)

- **Blue Light Card** – join for £4.99 for two years of saving. Members of the Blue Light community can register for 2-years access to more than 15,000 discounts from large national retailers to local businesses across categories such as holidays, cars, days out, fashion, gifts, insurance, phones, and many more. To join, scan the QR code or visit the Blue Light Card website.

 - www.bluelightcard.co.uk
- **Vivup** is free for all colleagues – register online and get immediate access.
 - www.vivupbenefits.co.uk
- **Healthcare Staff Benefits** is free for all NHS staff – to sign up visit the website.
 - www.healthcarestaffbenefits.org
- **Health Service Discounts** is free to join for all NHS staff – to sign up visit the Health Service Discounts website.
 - healthservicediscounts.com
- **The Money Saving Expert** has a guide to discounts available to NHS colleagues.
 - www.moneysavingexpert.com/deals/nhs-discounts-and-freebies
- **Discounted Bus Travel for BHT Colleagues with Arriva when you pay monthly**– with no minimum contract you can benefit from unlimited bus travel and up to two children can also travel free with the ticket holder at weekends and bank holidays. For more information please visit <https://www.arrivabus.co.uk/business-travel/employer-travel-club/buckinghamshire-healthcare-nhs-trust>

For travel between sites, please speak to your line manager.

- **Eye Care Vouchers** can be obtained from our Occupational Health Team. To receive your voucher, please visit the ‘Benefits of Working For Us’ section on CAKE to download the request form. For further information email bht.ohw@nhs.net
- BHT has onsite nurseries at Wycombe Hospital and Amersham Hospital, with preferential rates for BHT colleagues and free funded places for 3 and 4 year olds. At Stoke Mandeville Hospital, The Willows Nursery, run by Childbase, is an independent nursery provider – NHS staff get discounted rates. **For more information about fees and spaces, please contact the nurseries:**
 - Wycombe Nursery: 01494 425 757 (opening times 7.15am-6pm Monday – Friday)
 - Amersham Nursery: 01494 734251 (opening times 7.15am-6pm Monday – Friday)
 - Willows at Stoke Mandeville: 01296 432 004 or willows.nursery@childbase.

Playschemes run across the county in the school holidays, some of which provide discounts if you are a Blue Light Card holder.

- familyinfo.buckinghamshire.gov.uk/things-to-do/holiday-activities
- **As part of the BHT family, BHT Assist is FREE for all BHT colleagues** – BHT Assist acts as a ‘personal concierge’ and can help you to find the best deals. Register and start requesting today! www.bhtassist.co.uk (welcome code BHT Assist) Whatsapp **07919 112 804** telephone **01525 263223**. In partnership with BHT Assist you are also entitled to an initial FREE, no obligation financial advice consultation with Quilter Financial Advisors.

Do you need to talk to someone? We are here for you

Our dedicated BHT Wellbeing Team has increased support and are available weekdays between 8am-4pm. It offers **1:1 Supportive Conversations** – sometimes it just needs one conversation to help or signpost you to other support.

Counselling - we have qualified and experienced counsellors to offer a series of sessions if needed.

Please get in touch - no referral is required. Contact us on 01296 25565 or bht.staffwellbeing@nhs.net

COMING SOON!

BHT Hardship Fund - launching soon, the BHT Hardship Fund will provide a limited, one-off, payment to BHT colleagues that find themselves in a crisis situation (subject to specific criteria). More information will follow - please look in BHT Today

KINTO Lift Sharing – launching soon, a lift sharing app exclusively for BHT, which connects you with your colleagues to find the perfect travel buddy based on your routes and preferences to help you to save money through sharing your journeys to work, with the added bonus of helping the environment by reducing emissions too!

Place and System Briefing

September 2022

PLACE

Buckinghamshire Integrated Care Partnership (ICP) Executive System Leaders Wednesday 10 August 2022

Item	Summary	Impact
National issues	Key issues shared by each organisation including NHS pay award, concerns about winter pressures, guidance relating to Health & Wellbeing Boards, and social care reforms.	NHS pay award has impacted the care market. BHT are in the midst of planning for winter. Funding changes in social care reforms will impact availability, which could have knock-on impacts on the Health and care integration programme.
System issues	Included governance structure for place-based partnerships, and Special Educational Needs and Disabilities (SEND) statement of action.	Further discussion between Buckinghamshire Council and the Integrated Care Board are planned regarding a sustainable funding model for community paediatrics.
ICS development issues	Highlighted issues in ICS performance and financial data as well as risks relating to commissioning, staffing and care market capacity. A session between all system CEOs and Directors of Finance is scheduled for 28 September to agree the financial allocation and planning principles for 2023/24.	Capacity and performance of the system could impact BHT in various ways including financially, through temporary staffing, and at times of patient transfer or mutual aid requests.
Health and care integration programme	The goal of this programme is to enable the timely discharge from acute inpatient settings to the right onward care setting for the patient.	This is the first formal report from the recently established programme in partnership with Buckinghamshire Council, which was brought to the Board's attention in June 2022. An initial funding package has been identified and timescales for the programme are nearing completion.

SYSTEM

Buckinghamshire, Oxfordshire and Berkshire West Integrated Care System (BOB ICS) System Leaders Group (SLG) Wednesday 7 September 2022

Item	Summary	Impact
Development of Place-based Partnerships	Draft briefing on how place-based partnerships (PBP) might be developed within the ICS and as committees of the BOB Integrated Care Board (ICB). Further engagement will now take place with member of organisations.	BHT will be one such member of the Buckinghamshire PBP and as such will be involved in designing how the PBP will build on and strengthen existing partnerships in the county.