

## How to Contact us

### Research Office

Cancer Care and Haematology Unit  
Stoke Mandeville Hospital  
Mandeville Road  
Aylesbury  
Buckinghamshire  
HP21 8AL

01296 315908

### Research Office

Ward 5a Sunrise Unit  
Wycombe Hospital  
Queen Alexandra Road  
High Wycombe  
Buckinghamshire  
HP11 2TT

01494 426233

(Monday-Friday 08.30-16.30)

### Useful Websites:

[www.cancerresearch.org.uk](http://www.cancerresearch.org.uk)

[www.macmillan.org.uk](http://www.macmillan.org.uk)

[www.nihr.ac.uk](http://www.nihr.ac.uk)

## How can I help reduce healthcare associated infections?

Infection control is important to the well-being of our patients and for that reason we have infection control procedures in place. Keeping your hands clean is an effective way of preventing the spread of infections. We ask that you, and anyone visiting you, use the hand sanitiser available at the entrance to every ward before coming in to or after leaving the ward. In some situations hands may need to be washed at the sink using soap and water rather than using the hand sanitiser. Staff will let you know if this is the case.

---

Author: Cancer Research Team  
Issue date: May 2010  
Reviewed date: March 2017  
Review date: March 2019  
Leaflet code: CISS-18  
Version: 4

[www.buckshealthcare.nhs.uk](http://www.buckshealthcare.nhs.uk)

Follow us on Twitter:  
[@buckshealthcare](https://twitter.com/buckshealthcare)

## Research and Innovation

# Cancer & Haematology Clinical Research



## Information for patients

If you require a translation or an alternative format of this leaflet please ask for assistance.

Safe & compassionate care,

every time

## What is Clinical Research?

Clinical research involves carrying out studies in groups of patients in order to identify new and better treatments. Undertaking clinical research is the only way to find out whether a new approach is definitely better than standard treatments in current use.

Buckinghamshire Healthcare NHS Trust participates in clinical research that may include hundreds or thousands of patients from hospitals across the country.



*“I’ve been looked after and monitored while I’m feeling like a rabbit in headlights.”*

*“If it helps somebody else then that’s a good thing.”*

-quotes from clinical trial participants in Buckinghamshire Healthcare NHS Trust

## What Clinical Research is available in Cancer?

### Randomised Controlled Trials

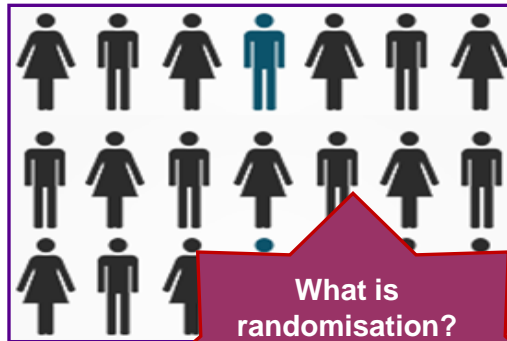
Involves randomising patients between a new treatment or standard treatment for cancer.

### Genetics Trials

Involves looking at the DNA of certain people to see if there is a reason for them being susceptible to a certain type of cancer.

### Quality of Life Trials

Involves asking people how their cancer treatment has affected their lives.



**What is randomisation?**  
A computer randomly assigns people to a treatment group, removing any human bias from the process

Different outcomes in clinical research can

be measured, like how long people stay free of cancer, whether cancer grows more slowly or how treatment can affect patients’ quality of life.

## Is Clinical Research Safe?

Thousands of people take part in clinical research every year. Rigorous processes are in place to protect the dignity, respect, safety and well-being of people taking part in clinical research.

Entrance into a clinical research trial will depend on whether you meet the trial’s eligibility criteria, which your doctor will be able to identify for you.

You cannot enter a clinical trial without giving **informed consent**. This is confirmed by signing a consent form.

Informed consent means that you have **understood** all the information given to you about the trial, have had all your questions about it answered in an unbiased way by a healthcare professional and have **voluntarily** chosen to take part. You may **withdraw** your consent at any time.

Saying no to a clinical trial will never affect how you are treated in the future by healthcare professionals.

## How do I get Involved in Clinical Research?

If you would like to take part in clinical research you should discuss this with the doctor in charge of your care, who will have information on trials in Buckinghamshire Healthcare NHS Trust.