

How to tie a tie

(left handed)



2. Start in front of a mirror
Turn collar up



2. Place tie around your neck, making sure its not twisted



2. Whilst holding the narrow end, place the wide end over the top and let go of the wide end



4. Then put your writing hand behind the tie and grab hold of the wide end



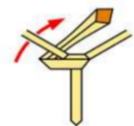
5. Wrap wide end around narrow end



6. Continue to wrap the wide end around the narrow end until the is in the same position as before



7. Bring the wide end behind the knot and pull it through the opening at your neck.



8. To look like this



9. Slightly open the front of the knot and push the wide end down through the small opening.



10. Slowly pull both ends down to tighten the knot. Whilst you are still holding the narrow end with one hand, use the other hand to slide the knot up using side to side movements.



11. Turn collar back down.

Well done!

Keep practicing to memorize it

