In-Hand Manipulation

Translation – fingers to palm

Using small objects like coins, beads, marbles. See how many objects can be picked up using a pincer grip. Then, move the objects into the hand, without dropping any or using the table/body/other hand. Objects should be secured in the hand with the middle, ring and little fingers.

Practice:

- Getting coins out of a purse and holding them in hand or picking coins up from the table.
- Crumpling paper with one hand
- With non-dominant hand behind back use dominant hand to pick up pegs one at a time and put in palm of hand

Translation – palm to fingers

Practice:

- Moving coins from palm to finger tips to place in slot or purse.
- Moving pegs from palm and place on board

Rotation

Practice:

- Removing/putting on small jar lids
- Turning cubes/dice to get the right side