How can I help reduce healthcare associated infections?

Infection control is important to the well-being of our patients and for that reason we have infection control procedures in place. Keeping your hands clean is an effective way of preventing the spread of infections. We ask that you, and anyone visiting you, use the hand sanitiser available at the entrance to every ward before coming in to or after leaving the ward. In some situations hands may need to be washed at the sink using soap and water rather than using the hand sanitiser. Staff will let you know if this is the case.

Instructions for using the Futuro splint

• Do wear the splint at all times except for washing & dressing.

• Do Ensure the splint is secured appropriately – not too loose or too tight – as shown in fracture clinic

• Don’t Stop wearing the splint until the time that the doctor in fracture clinic advised it could be removed.

Futuro Splint

What is a Futuro Splint?
A Futuro splint is a removable splint that is secured using velcro. It is designed to support the wrist whilst the bone heals, but can be removed for washing and dressing.

Care & Removal of Softcast and Splints for Buckle Fractures

Information leaflet for parents and guardians

If you require a translation or an alternative format of this leaflet please call PALS on 01296 316042

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**Softcast**

**What is soft cast?**
“Soft Cast” is a particular type of plaster cast that is designed to be flexible but strong enough to protect the broken bone whilst it is healing.

**Instructions after application of a soft cast.**
- If the fingers become swollen, painful, blue, numb, pins & needles or cold, report to the A&E Department, Minor Injuries Unit or your own Doctor at once.
- Elevate the limb for the first 48 hours or as instructed.
- Keep all joints not enclosed in the plaster moving freely especially fingers.
- If the plaster is uncomfortable through being too tight, or through rubbing, becomes damaged or broken, telephone the Plaster Room.
- Do not get the plaster wet.
- If you have any worries about the plaster contact the Plaster Room.

**How to remove a softcast**
The doctor in fracture clinic will have explained when the soft cast can be removed safely. This is likely to be 3-4 weeks after the injury. One of the advantages of a soft cast is that it can be removed at home once this time is up by following these simple instructions.

**Do not use scissors to remove the cast.**

**Step 1: Find the end of the soft cast**

**Step 2: Unwind the soft cast**

**Step 3: Remove the wool layer**

**Step 4: Remove the stockinette**

**Where to go for more help / information**

For any problems or questions regarding the splint or plaster:
Please call our nearest Plaster Room to you.
Stoke Mandeville – 01296 315743,
Wycombe – 01494 425452
(Monday-Friday 9am-5pm).

If you are concerned that your child’s fracture isn’t healing properly:
Please call the plaster room and they will arrange for a further appointment to be sent out to you.

In an emergency attend your nearest A&E Department or Minor Injuries Unit, but for other concerns contact your child’s GP.