How can I help reduce healthcare associated infections?
Infection control is important to the well-being of our patients and for that reason we have infection control procedures in place. Keeping your hands clean is an effective way of preventing the spread of infections. We ask that you, and anyone visiting you, use the hand sanitiser available at the entrance to every ward before coming in to or after leaving the ward. In some situations hands may need to be washed at the sink using soap and water rather than using the hand sanitiser. Staff will let you know if this is the case.

Helpful websites:
www.impsweb.co.uk/kidszone
www.bikeability.org.uk
www.impsweb.co.uk/download/trampoline-fact-sheet.pdf
www.rospa.com
www.capt.org.uk
www.think.direct.gov.uk/education/early-years-and-primary
www.safetynetkids.org.uk/personal-safety
www.fireworksafety.co.uk

Images used are from the Public Health England, ‘Change for Life’ campaign

School Nursing Service
August 2016

If you require a translation of this leaflet please call 01296 315858

Follow us on Twitter @buckshealthcare

www.buckshealthcare.nhs.uk

www.fireworksafety.co.uk
Issues which affect young people.

Have fun and stay safe

Cycle Safety - make sure your bike is well maintained, safe and you have completed cycle training - see list of websites for link to ‘bikeability’.

Trampolines – unsafe use of trampolines are responsible for injuries – see list of websites for link to a trampoline factsheet.

Safety in the home – Accidental injury in the home is a major cause for A&E attendances – see list of websites for link to how to be safe in the home.

Road safety – you should plan your journey, choose the safest route and know where you are going – see list of websites for more information on how to stay safe on the roads.

Personal safety – Do you ever feel unsafe? Do you know how to keep yourself safe? Always make sure you ask permission before using the internet and never give out your personal details – see list of websites for more information on keeping yourself safe.

Further information

If you would like any more support of information please contact your local school nursing team – see website for contact details.

www.buckshealthcare.nhs.uk/School-nursing

Accident and safety

Children and accidents

2 million children attend A&E each year due to accidents that may have been prevented. More than 100 children and young people under the age of 15 attend A&E each day in the UK with a scald or burn injury. In the UK, accidents are the most common cause of death in young people. On average 5 children die every week in accidents. In every class of 30 children, two of these can expect to be injured in a road accident before their sixteenth birthday.

How to learn more..

The Injury Minimisation Programme for Schools (I.M.P.S.) visits local primary school pupils in Year 6. The sessions empower young people to take personal responsibility for managing their own risk and equips them with the skills to cope in an emergency.

If you would like IMPS to visit your school ask your teacher to contact them on 01296 566171 or imps@buckshealthcare.nhs.uk