We continually strive to improve the quality of information given to patients. If you have any comments or suggestions regarding this information booklet, please contact the Head of Midwifery, Buckinghamshire Healthcare NHS Trust, Stoke Mandeville Hospital, Mandeville Road, Aylesbury HP21 8AL

Divison of Women, Children & Sexual Health Services

How can I help to reduce healthcare associated infections?
Infection control is important to the well-being of our patients and for that reason we have infection control procedures in place. Keeping your hands clean is an effective way of preventing the spread of infections. We ask that you, and anyone visiting you, use the hand sanitiser available at the entrance to every ward before coming into and after leaving the ward. In some situations hands may need to be washed at the sink using soap and water rather than using the hand sanitiser. Staff will let you know if this is the case.

www.buckshealthcare.nhs.uk
Follow us on Twitter @buckshealthcare

Referral to the Specialist Breastfeeding Clinic

Patient information leaflet
If you require a translation of this leaflet please call the Infant Feeding Specialist Midwife on 01296 315799
Breastfeeding your baby
Breastfeeding is the natural way to feed your baby and provides many health benefits for mothers and babies.

For some mothers and babies breastfeeding goes well right from the start, but many mothers need some help, especially in the early days.

You will have been supported with breastfeeding by your midwife, health visitor or member of their team who has now suggested you may benefit from some more specialist support to establish effective feeding.

In the box below your midwife/health visitor/ breastfeeding supporter will indicate the reason for referring you and your baby to the specialist breastfeeding clinic.

<table>
<thead>
<tr>
<th>Date:</th>
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<tbody>
<tr>
<td>Name, role &amp; contact number of person referring:</td>
</tr>
<tr>
<td>Reason for specialist referral (outline concerns):</td>
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</table>

Please complete the following (circle your answer):

Full assessment of breastfeeding completed YES  NO
Observation of a breastfeed has taken place YES  NO
Details of support offered:

Attending the breastfeeding clinic
The clinic is run by a specialist team from midwifery and health visiting services and is held four times a week from 9.30am-12.30pm as follows:

**Mondays and Thursdays** in the Parentcraft Room, Claydon Wing, Stoke Mandeville hospital, Mandeville Road, Aylesbury, Bucks HP21 8AL
Telephone 01296 315799

**Tuesdays and Fridays** at the Beaconsfield Children’s Centre, Beacon Close, Holtspur Way, Holtspur, Bucks HP9 1RJ
Telephone 07798520830

Please decide which day and venue suits you best and contact us on the numbers above.

When you telephone you will hear a recorded message asking you to state which clinic you are going to attend. Please also leave your name and contact telephone number.

Please bring this referral leaflet, your maternity records and/or baby’s ‘red book’ with you and arrive between 9.30am and 11.30am. You should expect to be with us for 1-2 hours.

We will contact you if your chosen clinic is full or cancelled.

You are welcome to bring a partner and/or another supporter with you. You will be seen individually in a room with other parents but should you request some privacy, this will be respected and accommodated whenever possible.