How can I help reduce healthcare associated infections?

Infection control is important to the well-being of our patients and for that reason we have infection control procedures in place. Keeping your hands clean is an effective way of preventing the spread of infections. We ask that you, and anyone visiting you, use the hand sanitiser available at the entrance to every ward before coming in to or after leaving the ward. In some situations hands may need to be washed at the sink using soap and water rather than using the hand sanitiser. Staff will let you know if this is the case.
What is an Occupational Therapist?

Occupational Therapists (O.T.) help people of all ages - babies, children, adults and older people – to carry out the activities they need or want to do in their daily lives.

As a result of physical or mental illness, disability, ageing, or being socially isolated, you may find it difficult to do some essential everyday activities, such as washing and dressing, meal preparation, shopping or getting out and about.

Occupational Therapists will work with you and your family to find alternative ways to do those activities, by helping you to find practical solutions so you can manage daily activities.

Our uniform is white with green trim and green trousers. Your Occupational Therapist’s name is on the front of this leaflet.

What will the Occupational Therapist do?

The Occupational Therapist will talk to you in order to find out what your home is like, about any equipment you may already have, and how you were managing with your daily activities before you were admitted to hospital.

The Occupational Therapist will look at how you are functioning now, and may make some recommendations about equipment and/or help that you would benefit from when you go home from hospital.

Equipment that is recommended may be provided by the NHS. If you are going to need some help at home when you are discharged, the Occupational Therapist will discuss with you how this can be put in place and speak to the suppliers of the required services.

Please use this slip to tell us how we are doing.

Please circle your answers, tear off this portion and return it to the Occupational Therapy Dept. at the end of your stay (details overleaf).

The Occupational Therapist recommended:

Equipment:  Yes/No
(Please list)

Help at home:  Yes / No

It has been useful for me to see the Occupational Therapist during my stay in hospital:  Yes / No

Any other comments you would like to add about your Occupational Therapy treatment:

__________________________________________________________________________
__________________________________________________________________________