

Patient advice sheet

What to expect after you have had a Gastroscopy

You have had a procedure called a Gastroscopy.

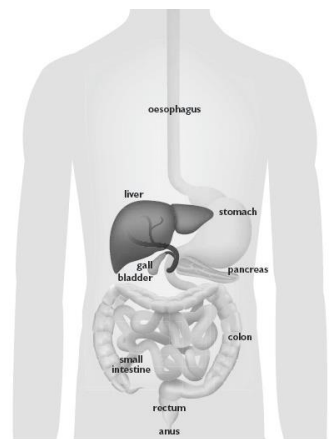
A doctor or one of the endoscopy nurses will have discussed the results of your test with you before to your discharge from hospital.

What are the possible after effects of the procedure?

You are likely to have a sore throat following the procedure and you may feel bloated from air, which is blown in to aid the examination.

What are the after effects of the sedative injection?

If you have had a sedative injection, your mental ability to think clearly and make decisions may be affected for up to 24 hours after the procedure even though you feel wide-awake. For this reason, you **must** have someone who can take you home **and** look after you for the rest of the day. You may resume eating as normal.



If you have had sedation, for **24 hours** after your procedure you **must not**:

- Drive
- Operate potentially dangerous machinery

For **8 hours** after sedation, you should also **not**:

- Use potentially dangerous appliances such as a cooker or kettle
- Have a bath unsupervised
- Look after dependants on your own
- Go to work
- Sign any legal documents
- Drink any alcohol
- Take sleeping tablets or recreational drugs

Advice

Please don't hesitate to contact us if you are worried about any symptoms you experience after this test.

How to seek help after the test

If you experience any severe chest or abdominal pain, particularly on swallowing, or if you vomit blood, please seek help immediately.

During normal office hours ring the relevant Endoscopy Unit:

- Stoke Mandeville Hospital - **01296 315220**
- Wycombe Hospital - **01494 425073**

Outside office hours, patients who have had their procedure in Wycombe or Stoke Mandeville hospitals should call Ward 17 at Stoke Mandeville Hospital on **01296 418201**.

In an emergency you can come directly to Stoke Mandeville Hospital Emergency Department

Follow Up Information

- A copy of your report is attached.
- You need to see your GP for treatment.
- Please check your GP Practice has received your results before making an appointment or take the copy of the report with you.
- You have had a CLO test for the detection of *Helicobacter Pylori* the result will be sent to your GP.
- You need to be seen in Outpatients Clinic.
- You will need another investigation.
- A copy of your results will be sent to your Consultant and/or GP.
- You had a biopsy. The results will be sent to your GP and/or consultant in approximately 8 weeks. You will be contacted if further action is necessary.

If you would like a copy of this information sheet on audiotape, in large print or translated, please call 01296 315175 (SMH) or 01494 425288 (WH)

Legal Notice

Please remember that this leaflet is intended as general information only. We aim to make the information as up to date and accurate as possible, but please note that it is subject to change. Please therefore always check specific advice on any concerns you may have with your doctor.

Stoke Mandeville Hospital
Mandeville Road
Aylesbury
Buckinghamshire
HP21 8AL
Tel: 01296 315220 (nursing)
Tel: 01296 315175 (admin)

Wycombe Hospital
Queen Alexandra Road
High Wycombe
Buckinghamshire
HP11 2TT
Tel: 01494 425073 (nursing)
Tel: 01494 425288 (admin)