How can I help reduce healthcare associated infections?
Infection control is important to the well-being of our patients and for that reason we have infection control procedures in place. Keeping your hands clean is an effective way of preventing the spread of infections. We ask that you, and anyone visiting you, use the hand sanitiser available at the entrance to every ward before coming in to or after leaving the ward. In some situations hands may need to be washed at the sink using soap and water rather than using the hand sanitiser. Staff will let you know if this is the case.

www.buckshealthcare.nhs.uk
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Just in Case Medication

Sometimes due to symptoms or weakness it can be difficult for people to swallow medications. Our aim is that there are always options for you to have medication for pain, nausea and vomiting and even anxiety. The easiest way to achieve this is to give these medication by injection.

But it can be difficult to obtain these medication in a hurry especially at night. For this reason your community specialist palliative care nurse, community nurse (district nurse) or GP have suggested that we put some drugs in the house “JUST IN CASE”

Some patients may never need them, for some it can be reassuring.

All the drugs will have been prescribed just for you and should not be given to anyone else.

What do I need to do with the Just in Case Medications

They should be kept in a place that is safe and out of the reach of children and pets.

They should also be kept out of the reach of anyone who may be tempted to abuse the medications. If you are worried about this please talk to your nurse or GP about this.

The community nurses will need to know where you are storing the Just in Case drugs so that they can access them when needed.
You will see them counting the ampules and recording what they have given you on the appropriate documentation.

When the medicines are no longer required they should be returned to the pharmacy as soon as possible.

If you have any further questions about any information in this leaflet please, discuss with any member of your nursing team or GP.