

Hearing therapy

If you are still struggling, the hearing therapy department can help talk through the problems you are having.

For more information contact:

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If you require translation of this leaflet please let the department know.

Communication tactics

Useful communication
tactics for the hearing
impaired

If you are hearing impaired:

- Face the speaker and stand close to them
- Make sure you can see their face clearly
- Make sure you can see the speaker's lips
- Attract the speaker's attention
- Ask the speaker to talk slowly and clearly
- If you don't hear what they have said, ask them to repeat it.
- Tell people you have a hearing loss
- Use the additional programmes on your hearing aid if you have them

Think positive!

Thinking positively will help you to hear better and you won't feel frustrated with the situation.



Manipulate the environment

- Reduce unnecessary background noise. For example turn the TV or radio down.
- Move yourself so you can see the speaker clearly
- Move away from distractions
- Rooms with soft furnishings reduce echo, for example a room with thick carpeting or curtains
- Speak to people from the same room
- Move to a quieter room
- Make sure the light falls on the speaker so you can see them clearly

Talking to someone with a hearing impairment:

- Get the listener's attention first
- Make sure they can see you clearly
- Don't cover your mouth whilst talking
- Rephrase the sentence if they do not understand the first time
- Ask reverse questions to see if they have understood what you are talking about