How can I help to reduce healthcare associated infections?
Infection control is important to the well-being of our patients and for that reason we have infection control procedures in place. Keeping your hands clean is an effective way of preventing the spread of infections. We ask that you, and anyone visiting you, use the hand sanitiser available at the entrance to every ward before coming into and after leaving the ward. In some situations hands may need to be washed at the sink using soap and water rather than using the hand sanitiser. Staff will let you know if this is the case.

www.buckshealthcare.nhs.uk
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Outpatient Hysteroscopy
(Inspection of the uterine cavity with an endoscope)

Additional information for Spinal Cord Injured Patients

Patient information leaflet
If you require a translation of this leaflet please contact the Spinal Outpatient Sister
This information is to help in the preparation for your Outpatient Hysteroscopy.

- Please make your usual arrangements for transport to the hospital for this appointment.

- Please arrive 30 minutes before the appointment time for preparation.

- Please come to Spinal Outpatients where we will assist you to undress and put on a gown.

- We will then transfer you and take you to the Hysteroscopy suite which is a separate department, therefore you will be taken through hospital corridors. If you are not independent with undressing and level transfers we will still escort you to the Hysteroscopy suite and stay with you throughout the procedure.

- In order to prevent a bowel accident it is advisable to perform your normal bowel evacuation routine the evening or morning prior to the procedure.

- If you perform self intermittent catheterization you will need to empty your bladder just prior to transferring to the Hysteroscopy suite.

If you require any further information please do not hesitate to contact the Spinal Outpatient Department on 01296 315829. We will be happy to explain the procedure and allay any fears you may have.

We continually strive to improve the quality of information given to patients. If you have any comments or suggestions regarding this information booklet, please contact the Spinal Outpatient Department on 01296 315829.