How can I help reduce healthcare associated infections?

Infection prevention & control is important to the well-being of our patients and for that reason we have infection prevention & control procedures in place. Keeping your hands clean is an effective way of preventing the spread of infections. We ask that you, and anyone visiting you, use the hand sanitiser available at the entrance to every ward before coming in to and after leaving the ward. In some situations hands may need to be washed at the sink using soap and water rather than using the hand sanitiser as hand sanitisers are not suitable for use when dealing with patients who have symptoms of diarrhoea.

For infection prevention & control purposes and to keep you safe and well visitors are requested not to:

- Visit you if they are unwell
- Sit on your bed or use the patient toilets.
- Touch your wounds, or any medical devices, drips or catheters.

How can I find out more?

Contact the Infection Prevention & Control Department on:
- Stoke Mandeville Hospital Tel: 01296 315337
- Public Health England Tel: 0344 225 3861 (option 4, option 1)
- NHS Choices Website: http://www.nhs.uk/pages/home.aspx

www.buckshealthcare.nhs.uk
Follow us on Twitter @buckshealthcare

If you require a translation or alternative format of this leaflet please call Infection Prevention & Control 01296 315337.

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Bed Space Information Sheet

As part of the Trust’s patients promises, providing a ‘clean and safe’ hospital is a top priority. This includes making sure your immediate area is also ‘clean and safe’ for you and others within the ward environment.

Many organisms can be found in the hospital environment, some are more harmful than others. To help us minimise the risk of organisms spreading within your personal space and to the surrounding environment, we need your co-operation to achieve this.

Please can you:

- Store items away in your lockers as much as possible i.e. drinks, snacks, books etc.
- Only bring in essential equipment or belongings.
- Have items you have finished with taken home.
- Flowers are not recommended in some wards due to patients being more vulnerable to infection. The allowance of flowers is at the discretion of the Ward managers.
- Remove personal items from table tops to facilitate cleaning on request.

Again in order to minimise the risk of organisms spreading we would also ask that your visitors do not help other patients. Whilst we appreciate that they may wish to, our advice is to ask them to speak to the nurse in charge if other patients need assistance particularly those nursed in side rooms.

All of the above allow staff easy access to effectively clean the areas daily and/or as required thus reducing any risks to you and your visitors.