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Buckinghamshire Healthcare   
NHS Trust

# Buckinghamshire Neuro Rehabilitation Unit

**The Buckinghamshire Neuro Rehabilitation Unit (BNRU) is part of our division of integrated medicine. We provide a specialist in-patient service to people with an acquired or progressive neurological condition. Our patients may have experienced a stroke or brain injury, or be suffering from multiple sclerosis or Parkinson's disease.**

The BNRU is based at Amersham Hospital, serving patients from across Buckinghamshire and the surrounding counties. Our 17 beds are split into 5 single rooms, 11 beds in same sex bays and an independent living suite with bathroom and kitchen equipment.

A vast majority of our patients come to us from other hospitals where they will have received medical and sometimes surgical treatment following an acute incident/accident or illness. We also accept patients from the community if they have a neurological condition and need an intense period of rehabilitation.

Patients of varying degrees of ability are admitted. Following admission, patients are fully assessed to ensure a comprehensive and realistic rehabilitation plan can be developed to help them achieve their goals. Patients have weekly group and individual therapy sessions that address physical, social, emotional and practical needs and thinking and communication difficulties.

Nurses on the BNRU regularly work alongside clinical neuropsychology, occupational therapy, physiotherapy, speech and language therapy, rehabilitation medicine and rehabilitation assistants to deliver the patient's treatment plan and appropriate discharge plan.

## How we support our nurses

You will be joining a committed, professional and supportive team. You will be encouraged to identify a clinical area in which you would like to become a specialist and the link nurse for that area. For example this could be stroke, multiple sclerosis, Parkinson's disease, nutrition, continence or wound care.

Both in-house and external training is encouraged. All staff have an annual appraisal and all band 6 and 7 staff have monthly 1:1 meetings with the lead nurse. Our wards hold monthly team meetings to cascade corporate information and give the team the opportunity to ask questions and raise non-urgent issues. An open-door policy is fostered by all ward managers so staff are able to raise any issues or concerns at any time.

  
**Be the future**